

Advanced Sea Kayak Courses

Day 1

We will meet at 9:30am at the chosen venue.

First we will have a look at the equipment that we will be using. We have a selection of different kayaks for you to try out, so if you are thinking about getting your own you will have the opportunity to test a variety of different boats.

We will then get onto the water and start to develop the strokes that you will need to use and perfect throughout the course.

The day will incorporate an exciting journey along one of the many spectacular sections of coast on offer in south Devon.

We will find a picturesque spot for a relaxed lunch where we will have a look at maps, tide tables and other information needed to plan a sea kayak trip.

During the afternoon will continue our journey along the coast aiming to finish at approximately 4:30pm.

At the end of the day you might like to have a splash about in the water and perhaps try and master rolling and self-rescue.

Day 2

Again we will meet at 9:30am and we plan to go on a longer journey and explore a more exciting section of the coast.

We will continue to develop your kayaking skills, perhaps explore some spectacular sea caves, and undoubtedly get close up to some amazing wildlife... seals, sea birds and maybe dolphins or a basking shark!

We will start to give you a better understanding of the sea and how the wind and tides affect your kayak.

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5 day intermediate courses...

This is a comprehensive course where you will look in depth at all aspects of sea kayaking, as well as enjoying some spectacular journeys we will:

- Launching & landing in moderate conditions
- Handling your kayak in the wind and waves
- Efficient use of the different paddle strokes
- Efficient use of tidal stream
- Surf & surf landings
- Support strokes and rolling
- Rescue techniques
- Towing
- Trip planning
- Tidal planning
- Sea kayak navigation on the water
- Emergency procedures and safety equipment

If you have the opportunity to do a longer course with us we will be able to organise some really spectacular journeys. This might include an overnight wild camp on a remote beach where you will forget about your busy work life and completely immerse yourself in a truly magical part of the world!

By the end of the week we hope to be able to get you to level where you could plan and do a journey of your own. We will give you ideas, and recommend safe places that you could visit by yourself.

Equipment

We can provide all technical kayaking equipment but please feel free to bring any of your own that you think would make your course more enjoyable.

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